



Downs View Relationships and Sex Education Policy

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Date of next review	July 26

Introduction

The Department for Education's policy statement (2020) Introduce as statutory:

- Relationships education in primary schools
- RSE (Relationships and Sex Education) in Secondary schools
- PSHE in schools

Teaching must be age/ developmentally appropriate

In the context of a school where all pupils have learning difficulties, all pupils have communication difficulties and most have difficulties with social interaction skills; careful teaching about Relationships and Sex Education (RSE) is very important. In partnership with parents and carers the RSE curriculum aims to teach our pupils about physical, moral and social development. Parents are informed of curriculum content and have the right to withdrawer.

Students at Downs View are entitled to a range of healthy and safe relationships. These relationships will be based on the individuals concerned, their age, interests, personalities and abilities. All people have a right to the appropriate expression of their sexuality. It is also a right, not to engage in sexual behaviour and not to want sexual relationships. For people with profound levels of disability, the appropriate expression of sexuality can be a problematic concept. However, it is our view, that to ignore or to suppress the sexual aspects of our pupil's personalities would be wrong. At Dows view we teach students about the biology of growing up and relationships and how to have healthy and safe relationships. Teachers follow the RSE curriculum and adapt teaching and learning to meet the needs of individuals

Students with SEND are vulnerable to exploitation and abuse. Students at Downs View benefit from a RSE curriculum that is repetitive yet progressive. Key areas of learning are outlined and repeated and embedded within the PSHE curriculum. The key aims of the RSE curriculum are for our students to lead healthy and safe lives and enjoy healthy and safe relationships.

Downs view RSE curriculum key areas:

Downs View school:

Who is who in this world
Emotions in me and others
Public and private
Healthy relationships
Preparation for adulthood

Downs View Colleges:

Knowing me
Relationships
Appropriate greetings and interactions
Knowing my body
Public and private
Sexual Relationships
preparations for adulthood

Curriculum content:

- Valuing and respecting ourselves and others
- Valuing and respecting healthy personal relationships, including between friends, families and others
- Developing an understanding of the value of family life and other ways of living communally that may form part of the life experience of our pupils.
- To have an appreciation of the many different types of family group
- To understand the value of loving and stable relationships
- Recognising the importance of pursuing a healthy lifestyle
- keeping ourselves and others safe.
- Recognising feelings and emotions in themselves and others
- Developing skills in listening, thinking and communicating about feelings and relationships
- Developing pupils' abilities to make informed decisions about their lives
- Forming and maintaining relationships
- Learning how to be safe in different social environments
- Recognising the distinction between myself and another
- Recognising and naming parts of the body
- Developing an understanding of the reproductive system and childbirth
- Developing an understanding of bodily changes in childhood and puberty
- Considering the changes in thought and feelings associated with maturation and puberty
- Safe and unsafe behaviours

RSE and Health Education is accessible for all pupils and is delivered across all key stages as appropriate with regards to age and need. RSE sits within the PSHE curriculum and is therefore taught through both formal teaching sessions and ongoing learning opportunities throughout students' days. Correct terminology is used. Teachers will identify individual needs and support the student with this as needed. Teachers will identify individual or group needs both in class and across key stages. Gender grouping has its place within the curriculum and individual circumstances are planned for and taught sensitively. This includes planning for students from a diverse society with diverse needs. This includes religion, ethnicity, gender and sexual orientation.

Teachers receive training and guidance from the PSHE leads. Resources are shared and regular best practice is discussed. PSHE leads have implemented a clear curriculum overview for teachers to follow and use in class.

Recording and assessment will be implemented through the use of Onwards and Upwards and target setting through Areas of Learning and EHCP targets. Some recording and assessment may also be done within accredited courses, such as ASDAN Life Skills Challenge and Towards Independence courses and NOCN.

RSE at Downs View is overseen by the PSHE leads. Responsibilities are: monitor the delivery of PSHE/ RSE and progress made

- Moderation of PSHE work
- have regular meetings and a shared action plan.
- Review and update of policies
- Deliver training and ongoing support as needed
- Budget and resources
- Ensure consistency and links across sites
- Deliver parent forums informing parents of curriculum overview and policy.